

- ✓ The Dentistry Award
- ✓ Private Dentistry Award
- ✓ Best Practice in Preston
- ✓ Healthy Living Dentistry Award

Saving Smiles trauma advice for patients.

If you have had a trauma and have damaged your teeth, the sooner you see the dentist, the more likely we are to be able to help. Time is of the essence and delays in attending may result in the loss of that tooth.

If the trauma has caused extensive damage to other areas of the body, then you would need to address the medical emergency before we can address the dental emergency. Please go straight down to A&E.

For a fractured tooth:

Bring in all the pieces you can find.

If there is bleeding, control the bleeding with a tissue but do not try to stick any broken pieces back to the tooth.

If the full tooth has been knocked out:

1. Make sure it is an adult tooth (we do not replant baby teeth).
2. Pick up the tooth from the crown (the shiny part) and avoid touching the root.
3. If the tooth is dirty, wash it under cold running water for a maximum of 10 seconds, do not scrub.
4. Put it back into the socket it fell out of gently until it aligns with the other teeth.
5. Encourage the patient to hold in place with a handkerchief to keep the tooth in its position.
6. If you are not able to replant the tooth or you are not sure if it is an adult tooth, put it in milk and come to the practice immediately (if out of hours, contact the out of hours number).

When not to replant a tooth which has fallen out:

1. If the tooth is a baby tooth.
2. If you are undergoing chemotherapy or have a heart defect as the risk of infection needs to be considered first.
3. When the tooth has fallen out due to periodontal disease.
4. When the tooth is extensively carious and unrestorable.

Please call the practice as soon as possible for further advice.

The Smile Clinic Bolton
Unit 9, Marsden House
Marsden Road
Bolton
BL1 2JT

T. 01204 398393
W. www.thesmileclinicbolton.co.uk

The Smile Clinic Horwich
37 Victoria Road
Horwich
Greater Manchester
BL6 5ND

T. 01204 468019
W. www.thesmileclinchorwich.co.uk

The Smile Clinic Preston
Unit 2, Deepdale Pavilions
Osbourne Way
Preston
PR1 6PZ

T. 01772 82 55 31
W. www.thesmileclinicpreston.co.uk